

KING'S VOLLEYBALL

CLUB VOLLEYBALL OVERVIEW 2019



CLUB VOLLEYBALL OVERVIEW

- WHEN AND HOW TO GET STARTED IN VOLLEYBALL?
- WHAT IS CLUB VOLLEYBALL AND WHEN SHOULD I START?
- PUGET SOUND REGION “PSR” OF USA VOLLEYBALL
- THE CLUB SEASON
- COSTS
- TRYOUT PROCESS
- BEST PRACTICES/LANDMINES TO AVOID
- DO I HAVE TO PLAY CLUB – THE KING’S VOLLEYBALL POSITION

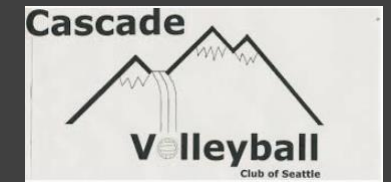
WHEN AND HOW DO I START?

- START WHEN YOU'RE READY BUT MANY START 3RD/4TH GRADE
 - ALDERWOOD BOYS AND GIRLS CLUB LEAGUE
 - GOOD WAY TO EXPOSE YOUR DAUGHTER
 - FIND A PARENT TO COACH AND GET A KING'S TEAM TOGETHER
 - LIGHTER BALL, 7' NET, SHORTER COURT

- WHEN IS IT BEST TO START CLUB
 - MANY START IN 5TH GRADE OR SO...
 - U12 AGE GROUP
 - LIGHTER BALL, 7' NET

WHAT IS CLUB?

- CLUBS ARE BUSINESSES
- MOST ARE NON-PROFIT
- ALL SHAPES AND SIZES
- QUANTITY OVER QUALITY
- U12-U18 – SOME HAVE ALL, SOME HAVE A HANDFUL
- REGIONAL VS NATIONAL
- TOURNAMENTS
 - LA CONNER TO OLYMPIA



ALL OUT VOLLEYBALL

- OUR FEEDER...SORT OF
- DEVELOPMENTAL IN NATURE
- EMPHASIS ON QUALITY OVER QUANTITY
- A GREAT PLACE TO START
- SIMILAR METHODS AND PRINCIPLES
- 4 TEAMS ANNUALLY
 - 2020: U12, U14, U15, U17
- DEVELOPMENTAL TRAINING: 4th- 6th Grades – Details TBA
- COSTS & SCHEDULE:
 - U12 - \$1700 9 PUGET SOUND AREA TOURNAMENTS – OCT 27TH TRYOUT – 2:30PM
 - U14 - \$2400 10 PUGET SOUND AREA + SPOKANE PNQ TOURNAMENTS – OCT 27TH TRYOUT – 11:00AM
 - U15 - \$2800 11 PSR AREA + MATT HARTNER EUGENE, OR + SPOKANE PNQ – NOV 24TH TRYOUT – TBD
 - U17 - \$4400 12 PSR AREA + NATIONAL QUALIFIERS + JR NATIONALS – NOV 24TH TRYOUT - TBD



THE PSR

- PUGET SOUND REGION OF USA VOLLEYBALL
- LICENSING BODY, INSURANCE
- HOST POWER LEAGUE, REGIONALS
- GOVERNING BODY OF MOST CLUBS AND TOURNAMENTS
- COACHING STANDARDS
 - Background screening and Safe Sport training
- WWW.PSRVB.ORG
 - GREAT RESOURCE FOR INFO..
 - CLUB DIRECTORY WITH LINKS TO CLUBS BASED ON GEOGRAPHY



CLUB SEASON

- TRYOUTS OCT/NOV
- PRACTICES DEC
- TOURNAMENTS JAN – JUNE
- REGIONAL TEAMS END IN MAY
- MOST PRACTICE 2X PER WEEK, 2X HOURS PER PRACTICE
- MOST HAVE TOURNAMENT EVERY OTHER WEEKEND

COSTS

- RANGE FROM \$1500 - \$6000
- REGIONAL CLUBS WITH NO TRAVEL AROUND \$1800-2600
- NATIONAL TRAVEL TEAMS INCLUDE HOTEL IN UP FRONT COST
- AIRFARE IS SEPARATE
- NATIONALS IN JUNE OFTEN AN ADDITIONAL COST
- COSTS GO TO GYM RENTAL, COACHING SALARIES, UNIFORM KITS, HOTEL, MEALS, ETC

TRYOUT PROCESS

- REGISTER WITH PSR - \$5
- SIGN-UP AND REGISTER WITH CLUB(S) - \$15-50
- ATTEND TRYOUT(S) – 2-3 HOUR
- RECEIVE OFFER(S) – GOOD FOR 72 HOURS
- SIGN OFFER OR DECLINE
- OFFER IS A BINDING AGREEMENT
- U14 AND UNDER – TRYOUTS BEGIN OCTOBER 26TH
- U15 AND OLDER – TRYOUTS BEGIN NOVEMBER 17TH

TIPS

- ATTEND MULTIPLE TRYOUTS – GOOD EXPERIENCE!
- GO WITH A BUDDY
- SOME CLUBS MAY ‘PRESSURE’ – DON’T FALL FOR IT. REPORT IT.
- ATTEND OPEN HOUSES
 - LEARN THEIR PHILOSOPHIES
 - UNDERSTAND COSTS THAT ARE INCLUDED AND NOT INCLUDED
 - HOW ARE PLAYING TIME DECISIONS MADE?
 - MULTI-SPORT ATHLETE?
- LEARN ABOUT THE COACH
- IF PRESENTED AN OFFER – ASK QUESTIONS
 - WHAT ROLE DO YOU SEE MY DAUGHTER PLAYING?
 - HOW WILL THAT ROLE BE DETERMINED?
 - HOW ARE PLAYING TIME DECISIONS MADE?
 - HOW ARE ABSENCES HANDLED?
 - Multi-Sport okay?
 - HOW MANY PLAYER ARE YOU KEEPING?

LANDMINES

- BE LEARY OF THE BUSINESSES. THEY NEED TO PAY THE BILLS
- UNDERSTAND HOW DECISIONS ARE MADE – OFTEN VARIES COACH TO COACH
- PAYING MORE IS RARELY CORRELATED TO A BETTER EXPERIENCE
- SOME CLUBS ARE HIT AND MISS AT BEST
- YOU HAVE 72 HOURS BUT SOME CLUBS WILL PRESSURE YOU ON THE SPOT
- IT'S ALL ABOUT THE COACH ULTIMATELY
- LOOK OUT FOR YELLERS. YELLERS ARE NOT GOOD COACHES

KIN'GS VOLLEYBALL POSITION

- YOU DO NOT HAVE TO PLAY CLUB TO BE A PART OF THE HIGH SCHOOL PROGRAM
- WE ENCOURAGE YOU TO BE A MULTI-SPORT ATHLETE
- 71% OF OUR CURRENT HIGH SCHOOL PLAYERS PLAYED CLUB IN 2019
- 100% OF VARSITY PLAYED CLUB IN 2019
- THE WAY TO GET BETTER AT VOLLEYBALL IS TO PLAY VOLLEYBALL
- VOLLEYBALL IS THE #1 PARTICIPATED HIGH SCHOOL SPORT IN WASHINGTON AND USA

Questions?

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